

2026 Costa Rica Volleyball Camps

Jun 26 – Jul 3

Aug 7 – Aug 14

Train, compete, and explore Costa Rica through a unique volleyball experience. This camp combines high-level training, international competition, unforgettable cultural and nature-based activities, and volunteer service.

Girls ages 10-17

Individual players & teams welcome

Locations: San José, La Fortuna, Jaco Beach

Program Fee: \$2,485 + airfare

Parents' Supplement: \$1,295

One coach/parent goes for free for every 8 players

Camps feature fundamentals and instruction led by experienced, professional Costa Rican and US coaches. Players are grouped by age, skill, and experience so they can train and be challenged accordingly. Coaches will focus on individual skill development, including serving, passing, defense, hitting, blocking, and setting. Team concepts will also be emphasized throughout the week. The program includes a rain forest excursion, as well as a volunteer service project such as sea turtle conservation or serving meals at soup kitchens.



Elite Volleyball



Adventure Excursions



Volunteer Service

TRIP HIGHLIGHTS:

- 5 days of volleyball training, clinics and matches
- Meet and greet with Costa Rican National Team
- Conducting a volleyball clinic for young players
- Rainforest excursion with ziplining & waterfall swim
- Volunteer service project(s)
- Shared meal with a Costa Rican host family

PROGRAM FEE INCLUDES:

Accommodations, 3 meals daily, airport transfers, daily transport, volleyball arrangements, adventure excursion, volunteering project, 24-hour emergency support, bilingual trip leaders from the US and Costa Rica, service hours credit, t-shirt, water bottle (Not Included: flights, insurance)

Sample Itinerary

SAN JOSÉ > LA FORTUNA > JACO

Day 1: Arrival in San José (SJO), Costa Rica

Transfer to our hotel in San José. Welcome lunch and camp orientation. Walking tour of San José. Volleyball training and match in the evening.

Day 2: San José

Morning volunteering at a food bank for adults and children. Afternoon skill development and instruction by coaches from the Costa Rican Volleyball Federation.

Day 3: La Fortuna

Travel to La Fortuna. Rainforest hiking excursion with views of Arenal Volcano. Evening buffet dinner and hot springs swim.

Day 4 : La Fortuna

Zip-lining through the rainforest canopy. Volleyball matches and group dinner with a local club team.

Day 5: Jaco

Travel to the beach town of Jaco. Walk over the famous Crocodile Bridge at the Tarcoles River. Beach fun including beach volleyball and surfing lessons. Conduct a volleyball clinic for players under 10 years old.

Day 6: Jaco

Volunteer at a sea turtle conservation project. Homemade lunch and cooking lesson with a Costa Rican family. Skill development and instruction. Volleyball matches against local teams.

Day 7: Jaco

Return to San José. Distribute dinners at a church in the nearby town of Heredia. Shopping for souvenirs and program wrap-up dinner.

Day 8: Departing Flight from San José (SJO)

Sample Hotels

San Jose:

[Crowne Plaza Corobici Hotel](#)

[Four Points by Sheraton](#)

La Fortuna Rainforest:

[Tilajari Rainforest Hotel](#)

[Magic Mountain Hotel](#)

Jaco Beach:

[Apartotel Flamboyant](#)

[Fuego del Sol Beachfront Hotel](#)

Meals

Meals will be a combination of hotel buffets and restaurants with western and Costa Rican food, with occasional fast food visits. A typical Costa Rica breakfast is "Gallo Pinto" which is rice and beans, plus cereal, bread, eggs, plantains, pancakes, and fruit. Lunch and dinner will have combinations of rice, beans, vegetables, green salads, chicken, beef, pasta, stir-fries, potatoes, and tacos. Vegetarian, vegan, and gluten-free diets are easily accommodated.

Signup & Deposit

To register for your trip, please visit:

<https://ewetours.com/signup>



267-456-2763 | www.ewetours.com

